Artificial STUDENTS AT NO COST Ingredients,



February 2025 Lunch Menu Heritage & Freedom MS

FRIDAY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY



Additives,

eservatives







3 Beef Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4 Baked Mostaccioli w. Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	5 BYO Burger Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	6 BYO Salad Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Walking Taco Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
10 Chicken Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11 Taco Tuesday! Sandy's Taco Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 Mia Pasta Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	13 Buffalo Chicken Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Valentine's Pink Pasta w. Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
No School (Presidents Day)	18 Maria's Nacho Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19 Mia Pasta Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	20 BYO Burrito Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Buffalo Chicken Melt Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
24 SalchiPapas Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	No School (Teacher Institute Day)	26 BYO Wings (Honey Sriracha BBQ, Buffalo, Sweet & Sour) Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	27 Chicken Quesadilla Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Chicken Fajita Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
PRESIDENT'S DAY				Happy Veletines

Daily Middle School Lunch Choices:

-Cheese

-Pepperoni -Pizza of the Day

MmmBurger Grill

-Homestyle Chicken Sandwich -Spicy Chicken Sandwich -Cheeseburger

-Sun Butter and Jelly Sandwich

> -Grab & Go Salads

- Deli Subs/ Wraps

Milk Choices: 1% White Or Fat Free Chocolate

Menu Subject to Change

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nationalorigin, sex, age, and disability.













