

### **FOR YOUTH DEVELOPMENT®**

FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# CHOOSE YOUR ADVENTURE

# **Pav YMCA Spring Youth Programs & Services**

### **AQUATIC PROGRAMS**

- NEW! FREE Safety Around Water classes (6-12yrs)
- Swim Starters (6mo-3yrs)
- Swim Basics (3-18+yrs)
- Swim Strokes (6-13yrs)
- Private & Semi-Private Lessons
- Pav Poseidons Swim Team
- Spring Stroke Clinics
- FREE Life Jacket Rentals
- Scuba Certification

### **YOUTH SPORTS**

- NEW! Sports of All Sorts (6-13yrs)
- Little Ballers Basketball (3–5yrs)
- Youth Basketball (6-13yrs)
- Private Basketball Lessons
- Little Kickers Soccer (3-5yrs)
- Youth Soccer (6-13yrs)
- Private Soccer Lessons
- Youth Volleyball (6-13yrs)
- Beginner Tae Kwon Do (5-12yrs)
- Teen/Adult Tae Kwon Do (13+yrs)
- Teen Fitness Orientations (13–15yrs)

### **ARTS & HUMANITIES**

- Beginner Ballet (4–5yrs)
- Ballet/Tap Basics (4-6yrs)
- Ballet/Tap Intermediate (7+yrs)
- NEW! Intro to Art (6-13yrs)
- NEW! Wild Wednesdays (6-13yrs)
- NEW! Private Youth Dance Lessons

## YOUTH DEVELOPMENT

- Before & After School Care (K+)
- School's Out Days & Break Camps (K+)
- Summer Camp (K-9th)
- Big Brothers Big Sisters Mentorship Program
- Monthly Family Events Free to Members!





Scan to view the 2025 Spring Program Brochure!

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