

Tae Kwon Do goes far beyond mere self-defense. It extends its influence into various aspects of life, promoting improvements in physical fitness, self-defense skills, self-discipline, self-esteem, self-control, and respect. With a distinguished 9th Degree Black Belt, Grand Master Kidd imparts his wisdom to all participants. This martial art is renowned for its expertise in kicks, punches, and defensive techniques. For young Little Ninja students aspiring to transition to this class, instructor approval is required. Uniform order forms will be distributed after the initial class and regular Belt Tests provide opportunities for students to advance to higher ranks.

Class size is limited to 10 so sign up early!

\*This is a drop-off class.

Parents will not be permitted in the room. They will be asked to wait outside.





Class size is limited to 10 so sign up early! **For ages 7-12** 

1st Session: Jan. 9 - Feb. 13 2nd Session: Feb. 27 - Apr. 3 3rd Session: Apr. 17 - May 22 Program #A4012

On Thursdays from 5:15-6:25 PM at the Proksa Park Activity Center

This program is not sponsored or endorsed by Berwyn South School District 100. Este programa no es patrocinado ni respaldado por Berwyn South School District 100.

